

Community Helpers Activities for Tuesday

On the Move

Firefighter's Smoke Crawl

Practice going "low and slow" during a fire with this fun game.

Materials:

- Two dining chairs
- Large Blanket

Instructions:

1. Place two dining chairs facing one another.
2. Drape a large blanket or sheet over the chairs but leave an opening underneath the chairs big enough to crawl through.
3. Explain to your child that they are pretending to be a firefighter attempting to escape smoke during a fire.
4. Instruct them to crawl under the blanket.
5. Also take this as an opportunity to discuss your personal fire safety/escape plan with your family!

Adventures Online

Let's Visit the Fire Station

Join Ms Caitie as she visits the Fire Station.

<https://www.youtube.com/watch?v=MDhfKlBkzs4>

Here's another great video about being a firefighter.

I want to be a Firefighter:

<https://www.youtube.com/watch?v=YQqgIFvn7gU&t=58s>

As you view the videos, comment on the things your child say or do. This will encourage conversation and give their words and actions meaning.

Sensory Time

Fighting Fire

Put out the fire with this fun water activity!

Materials:

- 2 plastic bins
- Water
- Red and yellow food coloring
- Utensils or cups for scooping and pouring (you can reuse caps from clothes detergent bottles, or scoops from detergent, drink mixes, etc- wash thoroughly before giving them to the kids though!)

Instructions:

1. Pour 1-2" of water in each bin- just enough water to splash.
2. Add red food coloring to one bin of water
3. Add yellow food coloring to the other bin of water.
4. Allow your child to scoop and pour water in the bins and to transfer the water from one bin to the other to mix the colors.

5. Talk about what's happening! The color is changing! What new color did they make?

Story Time

Pete the Cat: Firefighter Pete

Pete visits the Firehouse. Do the fire clothes fit him? What does the fire truck sound like? What does the fire alarm mean?

Read Aloud:

https://www.youtube.com/watch?v=AvuHfFq6gI4&list=PLI3IzQp07t_rUYDb_V_sRd80y0ePRh7r&index=7

Arts and Creativity

Flame Art

This fun process art activity is beautiful to display on a window, and then your child can sing "Stop, Drop and Roll!"

Materials:

- Coffee Filter
- Red & Yellow washable markers
- Spray Bottle or eye dropper
- Plate or tray
- Tape

Instructions:

1. Cut the coffee filter into a flame shape and lay it flat onto the plate or tray Have your child color on the coffee filter with the yellow and red markers, making it look like fire.
2. If using a spray bottle, fill the spray bottle with water. Or put water in a bowl if using an eye dropper
3. Help your toddler spray the coffee filter with the water or drop water on it with the eye dropper. You can talk about how water helps put fire out!
4. When dried, the flame can be removed and displayed on a window with tape.

After making flames, you can teach your child this safety song:

Stop, Drop and Roll!

(Sung to the tune of The Farmer in the Dell) Encourage your child to stop drop and roll as they sing with you!

Stop, Drop and Roll,

Stop, Drop and Roll,

If I get fire on my clothes I stop, drop and roll!